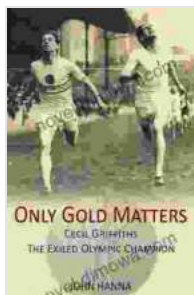


Cecil Griffiths: The Exiled Olympic Champion



Only Gold Matters: Cecil Griffiths, The Exiled Olympic Champion by Starr Meade

★★★★☆ 4.5 out of 5

Language	: English
File size	: 2472 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 320 pages
Lending	: Enabled
Paperback	: 34 pages
Item Weight	: 2.4 ounces
Dimensions	: 6 x 0.09 x 9 inches



Cecil Griffiths was an Olympic gold medalist in track and field. He was a talented sprinter and a gifted artist. Griffiths was forced to flee his homeland of Guyana after he spoke out against the government.

Griffiths was born in Georgetown, Guyana in 1936. He showed his interest in running at an early age and won several races in his youth. In 1956, he was selected to represent Guyana at the Olympic Games in Melbourne. He won the gold medal in the 400-meter race, becoming the first Guyanese to win an Olympic medal.

After his victory, Griffiths returned to Guyana as a hero. He was celebrated for his accomplishments and was given a ticker-tape parade. However, his

outspokenness against the government soon made him a target. He was accused of being a communist and a traitor. In 1958, he was forced to flee Guyana for his safety.

Griffiths settled in the United States, where he continued to train and compete. He won several races, including the 400-meter race at the 1960 Pan American Games. However, he was never able to return to Guyana and compete in the Olympics again.

Griffiths eventually retired from running and became a teacher and artist. He taught art at several schools and colleges and produced a number of paintings and sculptures. He died in 2009 at the age of 72.

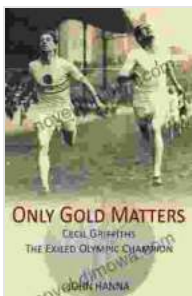
Griffiths' Legacy

Cecil Griffiths was a talented athlete and artist. He was an inspiration to many Guyanese and other athletes around the world. His story is one of triumph, adversity, and resilience. He will be remembered as one of Guyana's greatest athletes.



Further Reading

- Cecil Griffiths: The Exiled Olympic Champion
- Cecil Griffiths
- Cecil Griffiths



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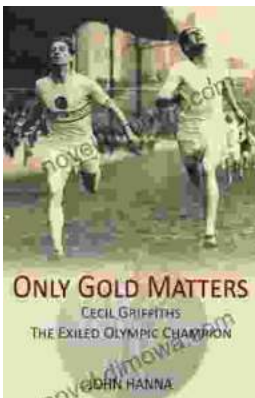
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