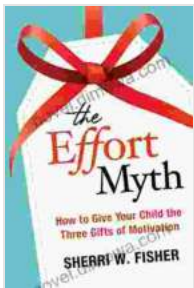


# How to Give Your Child the Three Gifts of Motivation

In today's fast-paced world, it's more important than ever to help our children develop a strong sense of motivation. Motivation is the driving force that helps us achieve our goals, overcome challenges, and succeed in life. But how can we give our children the motivation they need to succeed?



## The Effort Myth: How to Give Your Child the Three Gifts of Motivation by Sherri Fisher

★★★★★ 5 out of 5

Language : English  
File size : 2574 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 265 pages  
Lending : Enabled



In her groundbreaking book, *How to Give Your Child the Three Gifts of Motivation*, Dr. Becky Bailey reveals the three essential gifts that all children need to develop a healthy sense of motivation: autonomy, competence, and relatedness.

**Autonomy** is the ability to make choices and have control over one's own life. Children who have autonomy are more likely to be motivated because

they feel like they have a say in what they do and how they do it.

**Competence** is the belief that one has the ability to succeed. Children who have competence are more likely to be motivated because they believe that they can achieve their goals.

**Relatedness** is the feeling of being connected to others. Children who have relatedness are more likely to be motivated because they feel like they belong and are supported.

Dr. Bailey provides parents with a wealth of practical tips and strategies for giving their children the three gifts of motivation. These strategies are based on the latest research in child development and are proven to help children develop a strong sense of motivation.

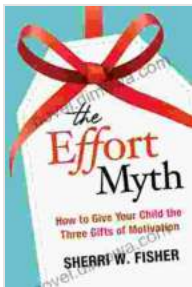
If you're looking for a way to help your child succeed in life, then I highly recommend reading *How to Give Your Child the Three Gifts of Motivation*. This book will provide you with the tools and knowledge you need to help your child develop a healthy sense of motivation and achieve their full potential.

**Here are a few additional tips for giving your child the three gifts of motivation:**

- **Provide your child with opportunities to make choices.** Let them choose what they want to wear, what they want to eat, and what activities they want to participate in.
- **Help your child develop a sense of competence.** Praise them for their accomplishments, no matter how small. Encourage them to try new things and help them learn from their mistakes.

- **Build a strong relationship with your child.** Let them know that you love them and that you're always there for them. Provide them with a safe and supportive environment where they can feel loved and accepted.

By giving your child the three gifts of motivation, you can help them develop a healthy sense of self, a love of learning, and the ability to succeed in life.



## The Effort Myth: How to Give Your Child the Three Gifts of Motivation by Sherri Fisher

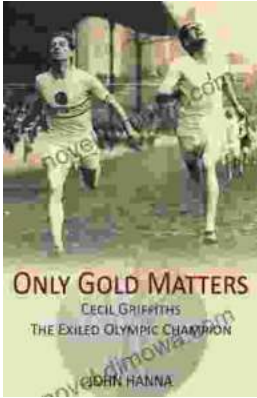
★★★★★ 5 out of 5

Language	: English
File size	: 2574 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 265 pages
Lending	: Enabled



## Ride the Waves with "Surfer Girl" by Tricia De Luna: A Captivating Tale of Courage, Love, and Unforgettable Adventures

Prepare to be swept away by "Surfer Girl," the captivating debut novel by Tricia De Luna, which has garnered critical acclaim for its...



## Cecil Griffiths: The Exiled Olympic Champion

Cecil Griffiths was an Olympic gold medalist in track and field. He was a talented sprinter and a gifted artist. Griffiths was forced to flee his...