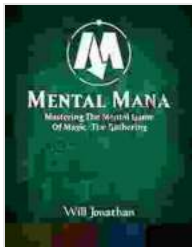


# Mental Mana Master The Mental Game of Magic

Are you ready to take your magic to the next level? Mental Mana: Master the Mental Game of Magic is the ultimate guide to unlocking your mental potential and becoming a more successful magician.



## Mental Mana - Mastering The Mental Game Of Magic: The Gathering by Will Jonathan

★★★★☆ 4.4 out of 5

Language : English  
File size : 3273 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 217 pages  
Lending : Enabled  
Screen Reader : Supported



This book will teach you how to:

- Overcome mental blocks
- Develop a positive mindset
- Stay focused under pressure
- Tap into your inner power

With Mental Mana, you'll learn how to perform your best, no matter what the circumstances. This book is packed with practical advice and exercises that will help you improve your mental game and become a more successful magician.

## **What's Inside Mental Mana?**

Mental Mana is divided into three parts:

1. **The Mental Game of Magic** This section introduces the mental game of magic and provides a framework for understanding how your mind affects your performance.
2. **Mental Skills for Magicians** This section teaches you the specific mental skills that you need to succeed as a magician, including focus, concentration, memory, and creativity.
3. **The Mental Game in Action** This section provides real-world examples of how magicians use mental skills to improve their performance.

Mental Mana is a comprehensive guide to the mental game of magic. This book will teach you everything you need to know about how to overcome mental blocks, develop a positive mindset, and stay focused under pressure. With Mental Mana, you'll learn how to tap into your inner power and perform your best, no matter what the circumstances.

## **Testimonials**

"Mental Mana is a must-read for any magician who wants to take their performance to the next level. This book is packed with practical advice

and exercises that will help you improve your mental game and become a more successful magician."

### -David Blaine

"Mental Mana is a game-changer for magicians. This book will teach you how to overcome mental blocks, develop a positive mindset, and stay focused under pressure. With Mental Mana, you'll learn how to tap into your inner power and perform your best, no matter what the circumstances."

### -Penn & Teller

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