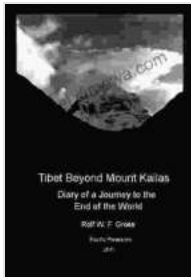


Tibet Beyond Mount Kailas: A Journey Inside the Himalayas



Tibet Beyond Mount Kailas by Rolf W. F. Gross

★★★★★ 5 out of 5

Language	: English
File size	: 2802 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 160 pages
Lending	: Enabled



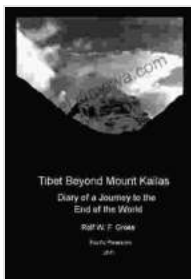
In his latest book, *Tibet Beyond Mount Kailas*, Rolf Gross takes readers on an unforgettable trek through the heart of the Himalayas. This sacred landscape, home to some of the world's highest mountains, has been a pilgrimage destination for centuries. Gross invites us to join him on a journey through this awe-inspiring region, exploring its ancient monasteries, towering peaks, and vibrant culture.

Gross begins his journey in the bustling city of Lhasa, the capital of Tibet. From there, he travels west to the remote region of Ngari, home to Mount Kailas. This sacred mountain is the center of the Tibetan universe, and Gross describes the profound experience of circumambulating it. He also visits the nearby Lake Manasarovar, another sacred site that is said to have healing powers.

Continuing his journey, Gross travels north to the Changtang Plateau, a vast and unforgiving landscape that is home to Tibetan nomads. He learns about their traditional way of life and witnesses the challenges they face in this harsh environment. He also visits the ancient city of Shigatse, the second largest city in Tibet. Shigatse is home to the Tashilhunpo Monastery, one of the most important monasteries in Tibet.

Gross's journey ends in the Everest region, where he treks to Mount Everest Base Camp. Along the way, he passes through the beautiful Sherpa villages of Namche Bazaar and Tengboche. He also visits the Khumbu Icefall, a treacherous glacier that is one of the most dangerous sections of the Everest trek.

Tibet Beyond Mount Kailas is a beautiful and inspiring book that captures the essence of this sacred land. Gross's writing is clear and concise, and his photographs are stunning. This book is a must-read for anyone who is interested in Tibet, the Himalayas, or travel.



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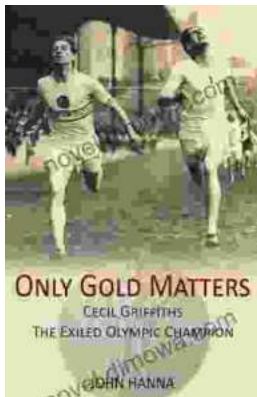
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